LEMFO T92 SMARTWATCH WITH TWS EARPHONES

User manual
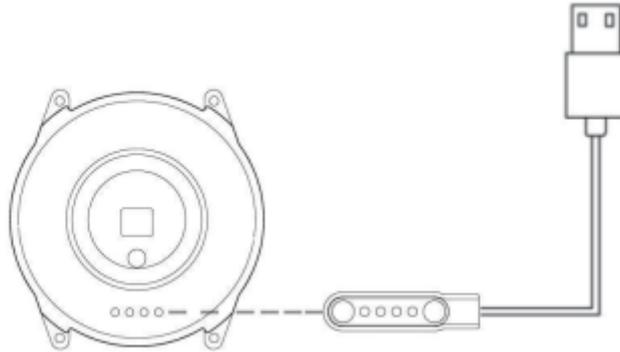
Product overview

1. STES
2. Music play
3. Power on/off
4. TWS earphone
5. MIS
6. TWS earphone

a. Swipe right - music play interface
b. Swipe down - shortcut button
c. Swipe left - menu
d. Swipe up - message notifications

Charging

After connecting the magnetic cable to your watch, the charging icon will show up on the display.

1. Please do not charge your watch in humid environments
2. Please ensure there is no dirt or corrosion on the watch body and the metal contacts on the magnetic charging cable
3. Please clean regularly the watch back and the metal contacts on the magnetic charging cable with a clean and dry cloth
4. This product doesn't include the charging adapter. In order to recharge it, you can connect the USB interface to your computer or choose a power adapter with an output that doesn't exceed 5V/1A

App installation

Download the "V band" app and install it on your smartphone.
You can search "V band" in the App store or Google Play, or scan the following QR code.


Note: the app supports Android 5.0 and above systems, iOS above 8.0, and Bluetooth above 4.0.

App connection

1. Install and open the app: Allow the app to obtain the corresponding permissions. For the iPhone, a Bluetooth pairing will be requested for the first time to connect the app. Tap "Pair" to connect, and the watch can accept notifications and alerts such as incoming calls and text messages pushed by the IOS system.
2. Open the app, tap "Add Device", and search "T92" for connection. If there is more than one device nearby, when connecting the device, select the MAC address of your watch (composed of 12 letters and numbers) to bind. (Settings-About-MAC address). If there is Bluetooth icon on the top of the watch or shows successful Bluetooth connection, the watch and the smartphone are successfully connected.
3. The watch has three Bluetooth signals: "T92"/watch Bluetooth signal;"T92_Audio"/watch amplifier loudspeaker (watch speaker) signal;"T92-R"/watch Bluetooth earphone signal.
    - Watch Local Music mode: as shown below, the watch speaker plays watch memory music.
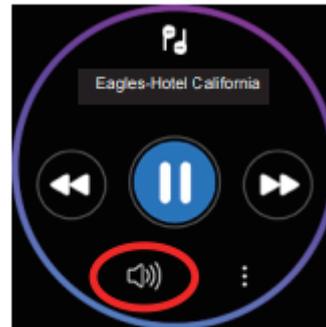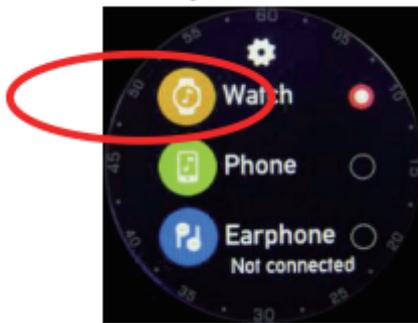
    - Mobile Phone Music mode: as shown in the image below, search for and connect to "T92_Audio" with mobile phone Bluetooth. After the successful connection, the watch speaker will play the music of the phone. In this mode, you can receive and make calls and turn on voice control.
    - Bluetooth Earphone mode: as shown in the figure below, take out the Bluetooth earphone, search for and connect to "T92-R" with the mobile phone's Bluetooth, after successful connection, you can listen to the music from your smartphone on your earphones.
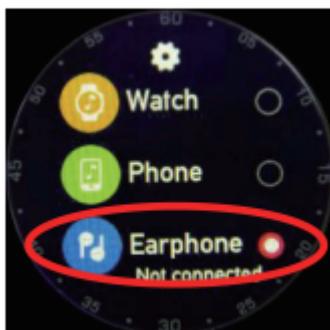
App instructions

New users can register through the mobile phone number and email address. Registered users can record, save, and share the information of the sports activities and health, while unregistered casual users cannot record and save relevant information.

Features and settings:
- Step count and sleep monitoring recorded on the watch can be viewed on your smartphone app.
- To measure heart rate, blood pressure, blood oxygen, body temperature, tap "Start Check" and the watch will start to measure. Please wear the watch properly to get the relevant results. Select the icon in the upper right corner to view the recorded data.
- For GPS Running, select the icon in the upper right corner to view the recorded data. Select "Target Setting", tap "Start Training", the watch will start to work. The "Map Track" can be viewed in the upper right corner. If you want to stop, long press "Pause" and select "End" or "Continue".
- Display the status of connected devices. "Unbind" can break the connection between the app and the watch
- Customise your watch's dial - choose between digital and analog dial.
- Push message: Used for the synchronous display of messages from the mobile app on the watch
- Daily alarm clock: Set the alarm clock function
- Camera control: shake the watch or tap the camera icon on the watch to control the camera function of the phone
- 24-hour system: the time of dial plate is displayed in 12-hour or 24-hour system
- Search the device: the watch will vibrate when using this function
- Do Not Disturb mode (DND mode): Set the time period of DND mode. During this period of time, the watch can only receive but not display the push content
- Sedentary reminder: within a set time period, the watch will send out a sedentary reminder by vibrating
- Water Clock: The watch can be set to vibrate to remind you to drink water
- Heart rate test: Set intervals to measure the heart rate regularly
- Screen Light up While Hand Raising: When this function is turned on, the watch screen will light up when you raise your hand
- Contacts synchronisation assistant: You can select the contacts in the phone and synchronise them to the watch contacts (limited to 1000 entries)
- Restore Factory Defaults: Restore the watch to the default settings, and all the data in the watch will be deleted
- Firmware upgrade: used to detect and upgrade the watch version
- Personal data: used to set user data

● Target Setting: used to set the daily target number of steps

Watch instructions

Long press the UI interface of the main screen to enter the theme selection (you can also enter through the Settings-Theme selection). In this mode, the user can choose the system-provided dial plate or a custom dial plate.
Swipe down on the main screen UI interface to enter the shortcut menu:

Do Not Disturb mode (DND mode)
Turn this function on or off. You can also control DND mode in the smartphone app.

Screen Light on While Hand Raising
Turn this function on or off. You can also control this setting in the smartphone app.

Device search
The watch will search for the connected smartphone and the smartphone will ring.

**Mobile Phone Music mode**

Settings icon

Swipe the main screen UI interface to the right to enter the player page. Tap the menu icon to enter the mode selection page. In the "Watch Music" and "Bluetooth Earphone" modes on the Player page, swipe up to view the "Music List" in the watch memory card. In the "Mobile Phone Music" mode, swipe up to enter the "Voice Control" function. Swipe the screen downwards to enter the "Call" function.
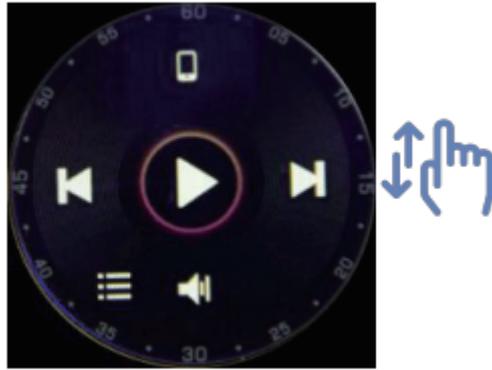
Swipe the main screen UI interface up to view incoming messages, swipe to the left and right to view the messages, and tap the delete button to delete the messages. The message content cannot be edited on the watch.

Swipe the main screen UI interface to the left to enter the menu mode:
- ● Settings
- About: View device information: model, version number, date of manufacture, MAC address, etc.
- Theme selection
- Style switching: select the preferred style for the menu display
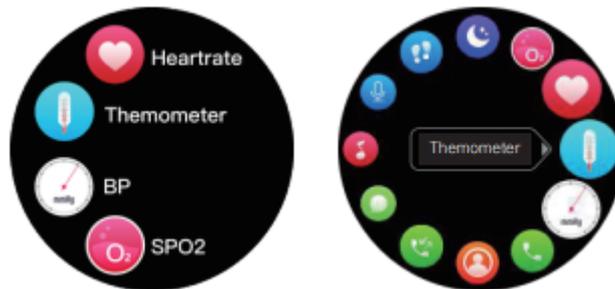
- Brightness control: adjust the brightness of the watch
- Screen light-up time control: the watch's display can be turned on for 5s, 10s, 15s, and 20s
- Restart: restart the watch
- Restore factory defaults
- Shut down

- Heart rate measurement: measures your current heart rate value and displays the result
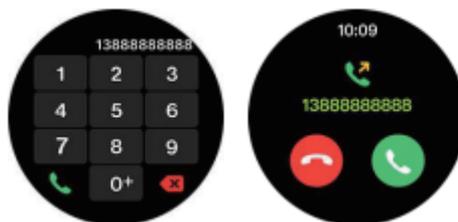

- Thermometer: measures your current body temperature and displays the result

- Blood pressure: measures your current blood pressure value and displays the measurement result

- Call function: You can use the watch to dial and make calls

- Contacts: View the address book imported through the app
- Call records: view the incoming and outgoing calls
- Messages: View or delete received messages
- Voice assistant/Siri wake up: Tap the voice icon to wake up the phone voice assistant

Note: This function must be applied in the "Mobile Phone Music" mode, when the watch is successfully connected to the mobile phone app, and the Bluetooth connection of "T92" and "T92_Audio" is successful.

- Voice recording: Tap on the red heart to start recording, and tap again to stop recording. Swipe to the left to view and play the recording.
- Sleep: Log in to the app to view daily, weekly, and monthly sleep data in the form of charts, and calculate the sleep quality and sleep duration.
- Blood oxygen: measure the current blood oxygen and display the measurement result
- Sports: choose one of the following modes: running, brisk walking, mountain-climbing, yoga, swimming, elliptical machine, football, basketball, badminton, cycling, table tennis, record the exercise time and calories burnt.
- Other functions: Music, Stopwatch, Countdown, Clock settings, Find phone, Calculator, Weather

Troubleshooting

1. App cannot be connected or some functions are unstable:
- The battery level of the watch may be too low
- Check whether the Bluetooth of the smartphone is turned on
- Check the app permissions
- Make sure that there's no other smartphones connected to the smartwatch
- Make sure that your smartphone is not connected to more than 10 devices via Bluetooth
- Ensure that the distance between the smartwatch and the smartphone is not larger than 10m, and that there are no obstacles in between
- The app or smartwatch software version needs to be upgraded
2. Message, weather and time notifications cannot be set or modified
- The battery level of the watch may be too low
- Open the message push function in the app settings
- Check the network connection
- The update and upgrade of the data server may be in process
3. Slow response of the smartwatch
- The battery level of the watch may be too low
- Excessive memory usage. Please restart your phone and watch and reconnect
- Inadequate environment: high or low temperature and humidity
4. Incoming calls cannot be synchronised to the watch:
- Check if the the call reminder function in the app is turned on
- Check if the connection between the watch and the phone is successful
- Set the Mobile Phone Music mode on your watch

TWS earphones instructions

Earphone pairing
- Take the earphones out of the watch and there will be a power-on prompt, open the Bluetooth settings on your smartphone and find the corresponding Bluetooth name T92-R/t92-L for Bluetooth connection. If you see "Connected" on your smartphone, it means that connection is successful.
- If the earphones are disconnected while in use, they need to be reconnected with your smartphone. Open Bluetooth settings on your phone and search for T92-R/t92-L
- If only one earphone is working, it means that you need to pair earphones: long press both earphones for 6 seconds to turn them off, then long press both earphones at the same time to turn them on. When turning on, press the two earphones 6 times at the same time. After pressing 6 times, the two earphones will automatically turn off at the same time. Turn on the two earphones at the same time, and only one of them will light up after turning on, which means the earphone pairing is successful.

The middle part of the earphones is a touch responsive, and used to answer/hang up calls, control music, manage volume, and AI voice assistant.

Answer/hang up the call
- When the earphone is in the watch and there is an incoming call, it will be automatically connected when it is taken out of the watch. When the earphone is in the watch for a long time, the incoming call needs to be answered manually.

Music play
- Single click is pause/play, double click is previous/next song, triple click is volume up/down

Voice assistant
- Long press the touch key for 3 seconds to wake up the Siri / Android voice assistant which can be used to make phone calls, check the weather, navigate the map and other functions