

User Manual for Lemonda C6T Sports Waterproof Activity Tracker



Specifications

- Capacity: 120mAh
- Display: 0,96"
- Resolution: 128 x 96
- Charging method: USB charging
- Waterproof rating: IP67
- CPU type: SYD8811
- RAM: 32KB
- Heart rate: PPG SC7R30
- Certificate: CE, RoHS
- Vibration motor: Cylindrical motor
- Weight: 44g
- Strap size: 230 x 18 x 2mm
- Body size: 42 x 23 x 9,5mm

DayBand app

To use this activity tracker normally, you need a DayBand app. Go to the Play Store for Android or App Store for iOS and search for the app. You can also scan the QE codes below and download the app.



Android



iOS

The required system version is iOS 8.0 or newer, and Android 4.4 or newer. It supports Bluetooth v4.0.

Before the first use, you should connect the app to the activity tracker for calibration. It will automatically synchronize the time after a successful connection. If you don't synchronize the app, the step and sleep data will not work.

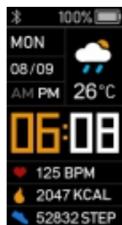
To connect the app to the activity tracker open it and click the settings icon. Go to My device (if using iOS) or Search the device (if using Android), scan for the available devices, and tap the Lemonda C6T activity tracker from the list to pair.

After the successful pairing, the App will automatically save the Bluetooth address of the activity tracker. When the app is opened or running in the background, it will automatically search and connect to the activity tracker.

For synchronizing data, manually pull down the app's homepage. The activity tracker can store up to 7 days of offline data. The more data there is, the longer the synchronization will last. After the synchronization is completed, there will be a prompt saying "Synchronization completed".

Functions of the activity tracker

Main interface



When there is no connection icon, it means that the tracker is not connected to the smartphone. When the connection icon appears, it means the connection is successful.

Long press for 3 seconds to change the main interface.

Motion data interface



Displays step counting. When you walk and your arm swings, the tracker records it as walking and counting steps.

Heart rate monitoring interface



When you start this monitoring, please wait for about 10 seconds before the data appears.

Blood pressure monitoring interface



When you start this monitoring, you can also connect the DayBand app to measure blood pressure.

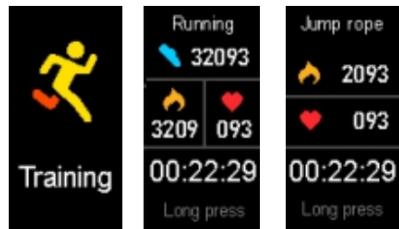
Blood oxygen monitoring interface



When you start this monitoring, you can also connect the DayBand app to measure blood oxygen.

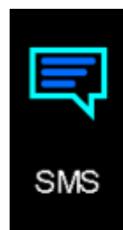
Please note that during the heart rate and blood pressure tests the icon will beat and the LED on the back will light up. Also, during the test, the sensor should be close to the skin to avoid the influence of external light on the accuracy of the test.

Movement patterns interface



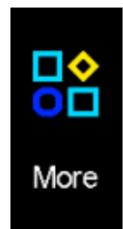
In the motion interface, press and hold it for 3 seconds to enter the specific motion interface which includes multiple movements. Click on the movement you want to select. Press and hold the selected motion for 3 seconds to start, and press and hold again to pause. Then click to switch the motion mode.

Information interface



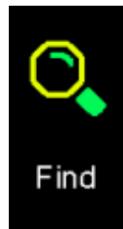
Press and hold the information interface for 3 seconds to view the messages. Tap to turn the page and after viewing the information you can exit by pressing and holding again for 3 seconds.

More functions interface



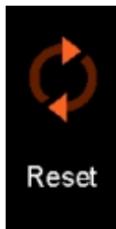
Long press the more functions for 3 seconds to enter the interface.

Find phone interface



While connected to the app, tap this option and the smartphone will start ringing and vibrating.

Factory reset interface



Press and hold for 3 seconds to reset the activity tracker to factory settings.

About the tracker interface



This interface shows the last four digits of the Bluetooth address and the software version number.

Shutdown interface



Press and hold for 3 seconds to turn off the activity tracker.

Notification functions

You need to turn on the notification functions in the app settings, and keep the smartphone and the activity tracker connected so that you can receive the notifications.

Call reminder: The tracker will vibrate and display the name or the number of the incoming call. If the caller's name is saved in the phone book it will show the name, otherwise it will display the caller's number.

SMS reminder: The tracker will vibrate and the SMS icon will be displayed.

Facebook reminder: The tracker will vibrate and the Facebook icon will be displayed.

Twitter reminder: The tracker will vibrate and the Twitter icon will be displayed.

Alarm clock reminder: You can set up to 3 alarm clocks. They will be synchronized with the activity tracker and when the alarm goes off, the tracker will vibrate moderately.

Sedentary reminder: The default reminder interval is one hour. If you don't move for an hour, the tracker will vibrate to remind you to do your exercise